

Conscious Life & Style



Elizabeth Joy, Founder

Who We Are

Conscious Life & Style is a mindful digital media destination inspiring holistic personal, community, and planetary wellbeing. We explore ways to create a better, more sustainable and equitable future for fashion — and the world — with resources that support a mindful lifestyle, curations of environmentally and socially-responsible lifestyle brands, and deep dives into systemic challenges in fashion (and beyond) alongside inspirational solutions that are paving the way for a brighter more equitable future.

Our Values

Inclusivity, Transparency, Sustainability, Community and Fairness

We work to center these values in all that we do. We aim to inspire, educate, and motivate action towards change in a way that is approachable, accessible, and encouraging! To learn about how you can make sustainable choices in fashion, beauty, lifestyle and home, see Elizabeth's website at: www.consciouslifeandstyle.com.

*** Information about this website is shared with permission from the founder.**

**These Brands Have the Most
Gorgeous Artisanal
Fair Trade Rugs**



**The 10 Best Eco-Friendly Chairs to
Take a Sustainable Seat In 2023**



**5 Eco-Friendly Bathroom
Vanities for a More
Sustainable Remodel**

